

Gladstone Parks & Recreation **GLADSTONE 50+NEWS**

August - September 2023

Retirement Celebration!

Paige Robbins is retiring on September 1st after 31 years of serving Gladstone as the 50+ Programs Coordinator!

*Join us for an open house
Celebration!*

**Gladstone Community Center
Thursday, August 31
1:30pm – 3:30pm**

Introducing Liz Soria The new 50+ Programs Coordinator!

Liz has been with the City of Gladstone for over 15 years as the Fitness Supervisor at the Gladstone Community Center. Outside of work, Liz enjoys cooking, baking, traveling and cheering on her kids in their various sports. She is looking forward to working with the 50+ population planning special events, fun day trips, overnight tours and exciting extended trips! Liz can be reached at 816-423-4086.

DAY TRIPS

KANSAS CITY HISTORY MUSEUM & TWA - WEDNESDAY, AUGUST 30 - The recently renovated Kansas City Museum is housed in a historic 1910 Beaux-Arts style mansion and private estate of lumber baron leader Robert A. Long. It is a history museum that preserves, interprets, and celebrates Kansas City through collections and exhibitions with stories about Kansas City's vibrant history, cultural heritage, and pride. Approximately 400 artifacts plus numerous images from the museum's archives, exhibits, media, and site-specific art installations by Kansas City-based artists are on display. The Historic Garment District Museum is also here. After your tour, you will enjoy lunch at Homesteader Café. The TWA Museum is an all volunteer organization dedicated to preserving the history of TWA. Cost: \$63.00 includes transportation tours. Bus departs at 9:30 a.m. and will return at approximately 4:00 p.m. Deadline: August 16.

FOUNTAINS & MINIATURES - FRIDAY, SEPTEMBER 8 - Did you know Kansas City is home to over 200 fountains? Join us as we see the most impressive fountains in the city and gain some insight into their history and design. Lunch will be included at Brio Italian Grille on the Country Club Plaza. Following lunch we will visit The National Museum of Toys and Miniatures which is home to the world's largest fine-scale miniature collection and one of the nation's largest historic toy collections on public display. Cost: \$89 includes transportation, tours and lunch. Bus departs at 9:15 a.m. and will return at approximately 3:45 p.m. Registration deadline: August 25.

BRIDGES OF MADISON COUNTY & JOHN WAYNE - FRIDAY, SEPTEMBER 15 - Winterset, Iowa is your destination today. Upon arrival you will have your choice of going to the John Wayne Birthplace and Museum, or the Iowa Quilt Museum. At the John Wayne Museum you will tour the modest 4-room home where John Wayne was born, and see the largest diversified exhibit of John Wayne artifacts in existence, including original movie posters, film wardrobe, scripts, letters, artwork and sculpture, and one of his customized automobiles. The Iowa Quilt Museum has 25-30 quilts on display at a time. Their mission is to promote the appreciation of the American Quilt and the art of quilting through displays of quilts and information about quilts. After your included lunch you will enjoy a guided covered bridge tour. Later you will experience a special program on the history of the Iowa Theatre and the movies made there. Your last stop will be Howell's Dried Florals where they grow flowers specifically for dried floral arrangements. Cost: \$165.00 includes motorcoach transportation, lunch and tours. Motorcoach departs at 7:15 a.m. and will return at approximately 7:15 p.m. Registration deadline: August 16.

BRUNCH & ALPACAS - TUESDAY, SEPTEMBER 19 - Colonial Gardens in Blue Springs is not only home to a beautiful garden center full of plants and flowers but also home to some of the most adorable Alpacas! During your visit you will enjoy a brunch made of fresh ingredients from their garden and farm, enjoy cuddle time with the alpacas and a tour of the orchards, flower fields, berry patches and animals. Before leaving you will visit the market for local produce and product. Your last stop of the day will be to Planters Seed Co. located at the River Market. Here you will be able to shop for bulk spices, seeds, coffee, teas and other dry goods, plus garden gifts. Cost: \$65.00 includes transportation, tours and brunch. Bus departs at 9:00 a.m. and will return at approximately 2:30 p.m. Registration deadline: September 5.

THE NEW THEATRE - "ALWAYS A BRIDESMAID" WEDNESDAY, SEPTEMBER 27, WEDNESDAY, NOVEMBER 1 OR WEDNESDAY, NOVEMBER 15 - Four dateless teenagers promised to be there for each other... for better or worse. Now, over 30 years later, that promise is put to the test in a series of high-strung, ill-fated, and riotous weddings as this quirky quarter looks for love again and again, and again. **ALWAYS A BRIDESMAID** is a rebel yell to laughter, love and the enduring of friendship. Cost: \$52.00 includes transportation and dinner show. Bus departs at 11:00 a.m. and will return at approximately 4:30 p.m. Deadlines: September 13, October 18, and November 1.

WARM SPRINGS RANCH - THURSDAY, OCTOBER 5 - Warm Springs Ranch is a breeding farm for the world-famous Budweiser Clydesdales, resting on 300-plus acres of lush, rolling hills in the heart of Missouri. It is home to more than 70 Clydesdales ranging from foals to stallions. A guided walking tour will bring you to spots and sights you'll never forget. See Clydesdale luxury trailers, a 1903 beer wagon, equipment worn by the Clydesdales out on the road, and more. Plus, meet Clydesdales of all ages! Cameras are permitted throughout the tour, so be sure to take pictures that will last a lifetime. After your tour you'll enjoy lunch at Shakespeare's Pizza in Columbia. While in Columbia we will visit the Shelter Gardens, containing 14 features, including a waterfall, rock garden, Vietnam veterans' memorial, replica 19th century one-room school house, and garden for the blind. Cost: \$136 includes motorcoach transportation, lunch and tour. Bus departs at 6:45 a.m. and will return at approximately 7:30 p.m. Registration deadline: September 19.

QUALITY HILL PLAYHOUSE "BACK TO BROADWAY"- THURSDAY, OCTOBER 12 - We will be going back to Broadway with a look at the Great White Way from its vaudeville beginnings ("My Man", "Makin' Whoopee") to the Golden Age of Musicals ("Another Op'nin', Another Show", "Begin The Beguine") to songs from more recent musicals ("What I Did For Love"), and a rousing ending from the currently running **COME FROM AWAY**. Lunch is included before the show at Bristol. Cost: \$80.00 includes transportation, lunch and show. Bus departs at 10:30 a.m. and will return at approximately 4:00 p.m. Registration deadline: September 28.

MYSTERY DAY TRIP—FRIDAY, OCTOBER 20 - Bring your cameras for a day full of photo ops! You won't want to miss larger than life art and history as far back as the early 1900's to as recent as the early 2000's. Cost: \$147.00 includes transportation, tours and lunch. Bus departs at 6:45 a.m. and will return at approximately 7:30 p.m. Registration deadline: September 1st.

You may register on line for all the day trips and activities at www.gladstonemo.activityreg.com.

POVITICIA & CIDER - WEDNESDAY, OCTOBER 25 - We will start our day with a stop at Strawberry Hill Baking Company for a tour and tasting of their famous Povitica! This will be a chance for you to stock up for the holidays. After lunch in Louisburg you will visit Louisburg Cider Mill. Watch as apples are squeezed into natural cider before your eyes, observe the bottling process in action and see how apple cider donuts are made. You'll also have a chance to purchase some of the Louisburg Cider Mill products. Cost: \$50.00 includes transportation, tours and lunch. Bus departs at 10:00 a.m. and will return at approximately 4:00 p.m. Registration deadline: October 11.

BIG CREEK COUNTRY SHOW - SATURDAY, OCTOBER 28 - Located in Pleasant Hill, Missouri. Since opening in 1982, thousands of folks have been thoroughly entertained by some of the finest country musicians and comedians in the business. You will enjoy dinner before the show at Bella's Italian Restaurant in Lee's Summit. Cost: \$73.00 includes transportation, dinner and show. Bus departs at 4:45 p.m. and will return at approximately 11:00 p.m. Registration deadline: October 13.

OVERNIGHT & EXTENDED TOURS

BRANSON COUNTRY CHRISTMAS – NOVEMBER 14-16, 2023 - *This trip is full. Call to be placed on the waitlist. We do get cancellations!* Our annual trip to Branson features the Showboat Branson Belle, Queen Esther at the Sight and Sound Theatre, The Dutton's, the Doug Gabriel Christmas Show, and a Christmas light display at The Top of the Rock. Cost: \$655 includes motorcoach transportation, hotel accommodations, tours, 4 meals, and driver's gratuity. Single occupancy add \$115. Reservation deadline: October 6.

SWITZERLAND & CHRISTMAS MARKETS ON THE RHINE - NOVEMBER 29, 2023 - *This trip is full. Call to be placed on the waitlist. We do get cancellations!* Enjoy this magical time of year as Europe's countries hold on to Old World holiday tradition and transform into fairy-tale Christmas settings. Cruise from Lucerne, Switzerland to Cologne, Germany on the Rhine River aboard the Amadeus Imperial. This 168-passenger ship launched in 2020 and features all the amenities of a floating 5-star hotel. Cost starts at \$4195 and includes air, hotel accommodations, River Cruise, tours, and 18 meals. A deposit of \$500 will hold space. Optional travel insurance is an additional \$495 and is due with deposit.

TRIP PARKING

All day trips depart from the parking lot on Campbell Street between 69th & 70th Street (next to the Community Center parking lot).

WASHINGTON DC CHERRY BLOSSOMS - APRIL 8-13, 2024 - The cherry blossom trees are the stars of springtime in Washington, DC. During your visit you'll find the nation's capital is accented in pink for the National Cherry Blossom Festival. You will board the Odyssey III ship for a Cherry Blossom Cruise on the Potomac River and enjoy a signature pink drink and a delicious lunch. Other highlights include Arlington National Cemetery, a DC City Tour with a stop at The White House Visitor Center and four Memorials: Jefferson, Franklin Roosevelt, MLK Jr., and National WWII. You will also visit the National Portrait Gallery, the Smithsonian Institution Museums, and experience a DC Twilight Illumination Tour. You will see Ford's Theatre, the US Library of Congress, and the Capitol Visitor Center. You will travel to Annapolis, Maryland and visit the US Naval Academy, and drive to Alexander, Virginia to visit Mt. Vernon, President George Washington's beautiful estate overlooking the Potomac River. *Cost: \$3385 includes air, hotel, tours and eight meals. Single occupancy adds \$700. A deposit of \$400 is due by September 8 to hold space.*

NORMANDY, PARIS & THE SEINE RIVER CRUISE - APRIL 16, 2024 - This exciting 9-day trip features 7 nights aboard the Amadeus Diamond. Highlights include a Paris City Tour, full day historic Normandy Tour with WWII D-day landing beaches included, Omaha, Colleville Cemetery and WWII Museum, Auvers-sur-Oise tour with Chateau D-Auvers Museum, Rouen Walking Tour, Etretat Tour (Normandy Coast and Village), Paris extended Port stay. You will sail in style on the Amadeus Diamond and enjoy three meals daily and excellent river views from your stateroom. The *Amadeus Diamond* travels exclusively on the Seine, setting the standard in design and technology and featuring the comforts of a floating five-star hotel. Its 72 stylishly appointed river-view staterooms and suites are among the most spacious of any European river ship. *Cost starts at \$5515.00. Book early to get the cabin category that you want!*

CANADIAN ROCKIES VIA RAIL - AUGUST 17-24, 2024 - *Join us for a trip presentation on Tuesday, September 26 at 4:00 p.m. Please RSVP at 816-423-4086.* The natural beauty of the Canadian Rockies, including its glaciers, lakes, and forests, is truly breathtaking and a must-see destination for nature enthusiasts. From your seat on VIA Rail's Canadian Train, you will see ice-blue glacier lakes, alpine forests and dramatic rock formations. There's no better way to immerse yourself in the wild backcountry of the Canadian Rockies. Trip highlights include Three Canadian National Parks Banff, Jasper & Yoho, 2 Day Rail Experience - The Canadian Train Sleeper Plus Class on Train, Vancouver City Tour, Victoria, BC, Vancouver Island, Butchart Gardens, Lake Louise, Valley of the Ten Peaks, Icefields Parkway, Banff Area Tour, Athabasca Glacier Ice Explorer Ride, Jasper, and Maligne Lake. *Cost: \$5599 includes air, hotel, tours, overnight accommodations on train, 11 meals. Single occupancy adds \$1250. A deposit of \$400 is due by February 17 to hold space.*

50+ ACTIVITIES

LINE DANCE CLASS

Join us for Line Dance! Fun, good exercise and you don't need a partner!

Gladstone Community Center
1:00—1:45 pm
\$5.00 per class

October 2 October 23
October 9 October 30
October 16

BEGINNING DRAWING

Every Thursday, September 21-October 19
(class will be on October 11th instead of 12th)
9:30 am - Noon
Gladstone Community Center
Cost: \$85.00

Join others like yourself as you learn to draw by hand! Participants will learn the basics of drawing, everything from handling and manipulating a drawing pencil, to valuable terminology, techniques and artist's tips. Most importantly you will learn how to 'draw what you see'. Each student will receive individual help from the instructor all while progressing at their own speed. Weekly homework assignments are given to improve your drawing skills. Students will work from still life objects, things from nature and photographs. Participants will receive a complete supply list upon enrollment.

DRAWING IN PASTELS

Every Thursday, September 21—October 19
(class will be on October 11th instead of 12th)
1:00 pm - 3:30 pm
Gladstone Community Center
Cost: \$85.00

A \$22.00 in-class supply fee will be collected on the first day of class.

Join us as we explore drawing in pastels! Participants will learn the basics of this medium as we do fun class exercises, still life drawings, and a final landscape drawing. Blending, layering, texturing, shading, perspectives, and more will be covered in this class! Individual help will be provided for each participant by the instructor. Students are asked to bring their basic drawing supplies and sketch pad for practice. A supply fee of \$22.00 will be collected for (pastel pencils, special paper, and other pastel drawing supplies). A complete supply list will be provided upon enrollment in the class. Join us for a fun class!

City of Gladstone
50+ Newsletter
7010 N Holmes
Gladstone, MO 64118

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CANCER ACTION WORKSHOP - This group meets on the 2nd and 4th Tuesdays of each month from 9 - noon at the Gladstone Community Center. Their main goal is to make bed pads for cancer patients. There are many jobs to do and they don't all involve sewing. Call 423-4086 for more information. Donations of clean cotton sheets are appreciated.

DUPLICATE BRIDGE CLUB - Do you play Bridge? If you're interested, have experience in playing, and enjoy making new friends, they would love to have you join them. They play at the Community Center on Monday mornings and there is no cost to you. If interested, Call Ron Guglielmino at 816-507-6165.

GLADSTONE SENIOR MEETINGS

Enjoy great entertainment and a pot luck lunch at the Gladstone Senior Meetings. This is a great way to socialize and meet new people and make new friends! 4th Monday of each month at 10:30 a.m.

50+ ACTIVITIES

These activities are held at the Gladstone Community Center, 6901 N. Holmes

Gladstone Seniors: Fourth Monday of each month, 10:30 a.m. business meeting followed by entertainment and lunch.

Cancer Action Workshop: 2nd & 4th Tuesdays of each month, 9:00 a.m. - Noon - *Volunteers are needed!*

Gladstone Duplicate Bridge Club: Mondays at 9:00 a.m. - 12:30 p.m. Partner required.

Pinochle Club: Mondays at 12:30 p.m. (no partner needed)

Bridge: Tuesdays at 12:30 p.m. (no partner needed)

Hand & Foot: Mondays at 12:30 p.m.

White Elephant Bingo: Meet at a different restaurant each Wednesday at 11:30 a.m. Bring 2 prizes worth \$1-\$2. 1st Wed-Pizza Street, 2nd Wed-Perkins, 3rd Wed-Pizza Ranch, 4th Wed-Olive Garden, 5th Wed-Perkins.

REGISTRATION

All programs must be paid at the time of registration unless otherwise noted.

On-line - Go to www.gladstonemo.activityreg.com. **By Phone** - (816) 423-4086 or 423-4200 with Visa, MasterCard Or Discover.

In person - at the Gladstone Community Center, 6901 N. Holmes. **By Mail** - Make checks payable to City of Gladstone and mail to 6901 N Holmes, Gladstone, MO 64118. **Cancellation Policy**: A full refund will be issued in the event of a trip cancellation due to insufficient enrollment. Refunds are available up to the registration deadline. If a refund check is required, a \$5 processing fee will be deducted. If participant desires, a credit will be issued for the entire amount for use in future programs. After registration deadline, a refund will be issued only if the participant can be replaced. Extended tour cancellation policy's may vary and are explained on the tour brochures. **Questions?? Call 816-423-4086 or 816-423-4200**